



**Nutrition Care Process Model
Tutorials**

Nutrition Care Process and Terminology Committee
Academy of Nutrition and Dietetics

Nutrition Care Process Terminology
2015 Edition 

**Nutrition Intervention:
Terms and Use**



Module Objectives

By the end of this module, the participant will:

- Understand the organization of domains and classes of the nutrition intervention terms.
- Understand the relevance and usage of the terms within each domain and class.



Terms: Overview

Nutrition Intervention

- Terms are organized into four domains
- Within each domain terms are organized into classes and sub-classes
- Each term is given an alpha-numeric term code to help link placement of the term in the term list and the corresponding reference sheet. There is no need or reason to use this alpha-numeric code in charting.

Domains and Classes



Food and/or Nutrient Delivery: individualized approach for food/nutrition provision:

- Meals and Snacks
- Enteral and Parenteral Nutrition
- Nutrition Supplement Therapy
- Feeding Assistance
- Manage Feeding Environment
- Nutrition-Related Medication Management

Domains and Classes



Nutrition Education: Formal process to instruct or train patients/clients in a skill or to impart knowledge to help patients/clients voluntarily manage or modify food, nutrition and physical activity choices and behavior to maintain or improve health:

- Nutrition Education—Content
- Nutrition Education—Application

Domains and Classes



Nutrition Counseling: A supportive process, characterized by a collaborative counselor-patient/client relationship to establish food, nutrition and physical activity priorities, goals, and individualized action plans that acknowledge and foster responsibility for self-care to treat an existing condition and promote health:

- Theoretical Basis/Approach
- Strategies

Domains and Classes



Coordination of Nutrition Care by a Nutrition

Professional: Consultation with, referral to, or coordination of nutrition care with other providers, institutions, or agencies that can assist in treating or managing nutrition-related problems:

- Collaboration and Referral of Nutrition Care
- Discharge and Transfer of Nutrition Care to New Setting or Provider

Examples



Review the Nutrition Intervention Terminology Sheet to see the organization of terms.
[<http://ncpt.webauthor.com/pubs/idnt-en/page-006>]

An example of a term within a sub-class, class, and domain is:

- Food and/or Nutrient Delivery (ND) (**Domain**)
- Enteral and Parenteral Nutrition (2) (**Class**) *Nutrition provided through the GI tract via tube, catheter, or stoma (enteral) or intravenously, centrally or peripherally (parenteral)*
- Enteral Nutrition (2.1) (**Sub-Class**) *Nutrition provided through the GI tract*
- Modify composition of enteral nutrition (ND-2.1.1) (**Term**) 10503 (the Academy's SNOMED Unique Identifier* for the term)

* assigned for data tracking purposes in electronic health records.

Relevance and Usage



The uses of nutrition interventions may vary by practice setting, but they are not limited by the practice setting.

For example (next slide):

Relevance and Usage



Food and/or Nutrient Delivery nutrition interventions will commonly be used by RDNs in institutional settings
Nutrition Education-Content interventions may be utilized more often in institutional settings
Nutrition Education-Application interventions may be utilized more often in out-patient settings
Nutrition Counseling will likely be utilized in out-patient settings
Coordination of Nutrition Care can be used in most practice settings

Summary



In this module we have reviewed the organization and use of the nutrition intervention terms. This information is helpful for understanding the type of terminology available and in which practice settings these terms are most likely utilized.

The next module will discuss the development of the nutrition prescription.
